

180 HOMELESS HOUSEHOLDS: MENTAL HEALTH

The Logan Zero campaign is an initiative to end homelessness and rough sleeping in the Logan Local Government Area through a coordinated, collaborative and person-centred approach.

553 households have been added to the Logan By Name list since December 2021.

180 of those households consented and completed a Vulnerability Index Service Prioritisation Decision Assistance Tool (VI-SPDAT). These are their experiences:

HOUSEHOLDS

(n) 180 people between the ages of 18 - 80 were surveyed as the main presenting person per household. Most respondents were young families with children:

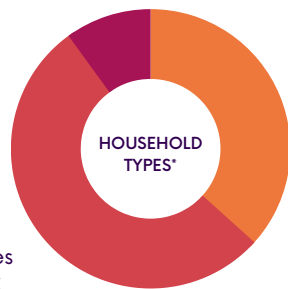
454 people* across 180 households of which includes: **246 children**

Average age of main presenting person per household was **39 years old**

18% of main presenting persons identified as

Aboriginal and/or Torres Strait Islander peoples

Individual youths 10%



54 households had one or more **pet**

Individual adults 36.7%

63% of main presenting person per household identified as **female**

HOMELESS HISTORY

Many households moved around to find shelter, often experiencing hidden and chronic homelessness:

Top three places slept most frequently include:



1. Couch surfing
2. Cars
3. Emergency accommodation

50% were sleeping rough at time of survey

Average time homeless was **1 Year and 8 Months**

Longest time a household experienced chronic homelessness was **33 Years**



At least 52% first experienced homelessness **as a child*** (at or under 18 years old)

ALMOST ALL HOUSEHOLDS SURVEYED HAD AT LEAST ONE MENTAL HEALTH CONDITION

VULNERABILITIES

Most households require intensive or long term supports to sustain housing:

LEVEL OF SUPPORT REQUIRED

Low support Medium support High support



Average time received healthcare at accident and emergency was **3 times** within 6 months



More than half experienced physical harm or verbal abuse while homeless

33 household members were hospitalised against their will for mental health reasons

50% felt discriminated against when seeking supports

HEALTH OVERVIEW

Most households have a physical or mental health condition:

HEALTH OVERVIEW

At least one physical health condition **78%**

At least one mental health condition **85%**

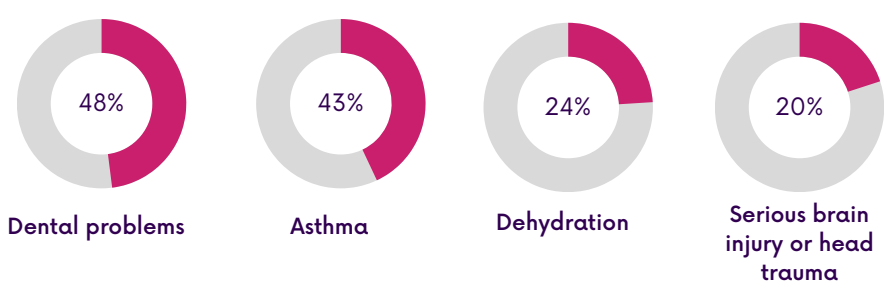
Substance use* **41%**

Has a physical disability limiting housing **18%**

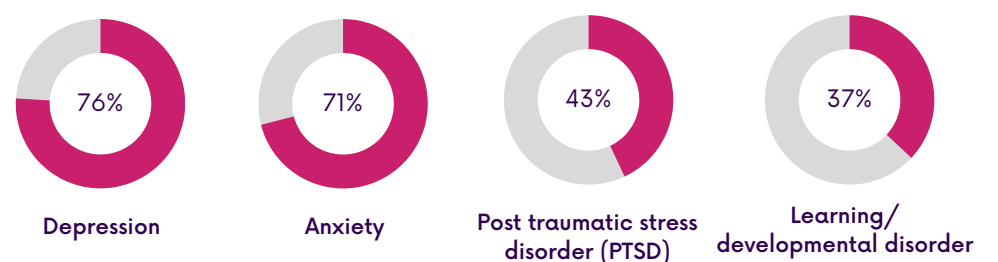
Avoids seeking healthcare when unwell **39%**

TOPLINE HEALTH

PHYSICAL HEALTH CONDITIONS



MENTAL HEALTH CONDITIONS



*NOTES:

1. This data is representative of 180 households where main presenting person per household completed a Vulnerability Index - Service Prioritisation Decision Assistance Tool (VI-SPDAT) survey between December 2021 to March 2023.
2. VI-SPDAT surveys provide an acuity score to indicate the level of vulnerability and support required to sustain housing as low (score 0-4), medium (score 5-9) and high (score 10+).
3. Household types: Individual adults (>= 26 years old), Individual youths (16-25 years old), Families are multiple groups of people presenting together regardless if they have dependents.
4. Total number of people include main presenting person (head of household), second head of household, and children that were with and not with families at time of survey.
5. Figure for 'First experienced homelessness as a child' may be under represented due to non responses to the question by 88 people.
6. Figure for 'Substance use' is based on answering 'Yes' to at least one alcohol and or drug use question to indicate substance usage.

MENTAL HEALTH & SUPPORT NEEDS

Of 180 households:

79% HAVE HIGH VULNERABILITY AND SUPPORT NEEDS



66% (118)
Experienced trauma



37% (66)
Learning/
developmental
disability



56% (101)
Experienced
violence or threats
of violence



20% (36)
Acquired brain
injury



25% (45)
Been in institutional
care as an
adult/child or youth
detention



40% (72)
Voluntarily spoken
to a psychiatrist or
psychologist



Average of 3 times in
last 6 months
Accidents and
Emergency usage



18% (33)
Hospitalised
against will for
mental health



20% (36)
Not taking
medication as
forgets to take them



19% (35)
Does not like side
effects of
medication



16% (28)
Independence
impacted by mental
health/brain issues



41% (73)
Substance
usage*

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